Catch-up Cuppa

Coolum

2026

Living with Dementia and being a carer

may be challenging, isolating and lonely. This is a social time for people living with dementia, their family or paid support carers & post-carers.
It is a time to share information and enjoy a chat with those who understand.
(not for staff)

Come and join us. Look for a purple rose!

Please Register:
Vince & Lorrae O'Rourke
0418 298 183
carersoutlook@gmail.com

Coolum Surf Club

1775 – 1779 David Low Way, Coolum Beach

3rd Wednesday, 2025. Bi-monthly.

Feb 18; April 15; June 17; Aug 19; Oct 14; Dec 16
10.15 am (doors open at 10 am)
Morning tea. (BYO) Buy your own.

Some stay for lunch

Parking at the side of the building or drop-off at the front.
Accessible and Lift upstairs

We thank the Coolum Surf Club management and staff